



## Sound Medicine: How to Use Hemi-Sync® to Heal Faster

by Allyn Evans  
President and Program Director, Samvit Wellness

Research indicates Hemi-Sync can help reduce the amount of pain medicine used following surgery by one-third. There are volumes of anecdotal reports of people benefiting from adding Hemi-Sync to their pre-, intra-, and post-surgical experiences.



[Read More.](#)

## Your Body is Speaking. Are You Listening?

by Larry Burk, MD, CEHP, TMI Guest Trainer

I have discovered Hemi-Sync is a great way to use technology to facilitate these intuitive imagery processes through induction of an altered state of consciousness



[Read more.](#)

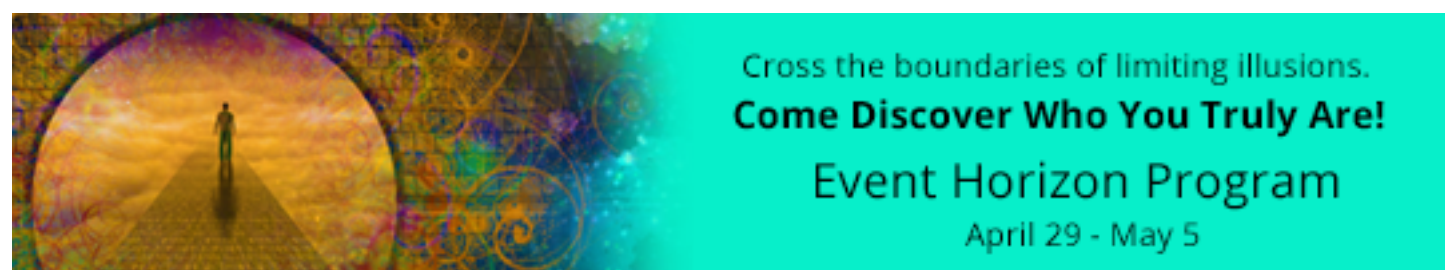


## SAM Exercise Earns High Praise from Renowned Physician, Dr. Norm Shealy

I have used Hemi-Sync and music for over forty years and Spindrift, a SAM-supported exercise with music, is by far the most powerful single piece I have experienced with patients.



[Read more.](#)



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